

NT Mental Health Coalition eBulletin - featuring CMHA news, NDIS News, General News, Events and Conferences, Employment

[View this email in your browser](#)



NT Mental Health Coalition's (the Coalition) e-bulletin has updates, news and information related to the Mental Health and the Community Managed Mental Health (CMHA) sector.

Please forward to anyone you think may be interested in highlights from this edition, or interested in becoming a member of the Northern Territory Mental Health Coalition.

The Coalition congratulates Community Mental Health Australia (CMHA) on the launch of their new website. You will now find everything you need to know about CMHA, including their policies, submissions, projects and initiatives, as well as prior issues of the mental health journal, newparadigm. Click [here](#) to view.

In this Edition

[CMHA Update](#)

[NDIS News](#)

[Other News](#)

[Events and](#)

[Conferences](#)

[Employment](#)

[Sponsors](#)



NT MENTAL HEALTH WEEK
Oct 8-15 2017

Watchful Eyes
Do you see what I see?

There are countless ways to be a part of the Northern Territory Mental Health Week and there's no limit to the size or type of event you can hold. Simply, participate in a way that's meaningful to you or your community. The mini grants will be available again this year. If you want to host your own event then [click here](#) to add to our calendar of events. And remember to make an effort to be inclusive of everyone.

Get involved and show you value mental health!!!

Community Mental Health Australia (CMHA)



Community Mental Health Australia, promoting the importance and benefits of community mental health and recovery services across Australia. We've gone live in July with a brand new website. [Click here](#) to view.

Community Mental Health Australia (CMHA) is a coalition of eight state and territory peak community mental health organisations. CMHA, through its state and territory bodies, has direct link and contact to community mental health organisations delivering services to the community. The NT Mental Health Coalition is a founding member of the CMHA. CMHA continues to lobby and advocate on behalf of the community mental health sector.

[CMHA National NDIS Mental Health Conference](#)

The CMHA National NDIS Mental Health Conference is being held on 16 and 17 November in Sydney. This is an opportunity for the community mental health sector to come together and discuss emerging issues and to make the most of the NDIS. Registrations close on the 31st August. To register [Click here](#)

Community Mental Health Australia had an opinion piece published on the health website 'Croakey' about the impact of Federal policies on communities, and the need for collaborative approaches to addressing mental health in our communities – particularly in Aboriginal and Torres Strait Islander communities – initiatives that include community developed and driven and a whole of government response. To read the full article click [here](#)

Community Mental Health Australia's position statement on the NDIS and Psychosocial Disability
CMHA has finalised a position statement on the NDIS and psychosocial disability. The position statement highlights key issues and actions. The State and Territory peak bodies have been involved in the implementation and roll-out of the NDIS and continue to have a strong understanding of the impacts for service providers, consumers and carers through their membership. It is important that the key learnings and issues that emerge from the various reports and studies, particularly those from the community mental health sector – involved on the ground in delivering services as they transition. The full statement is available on the [CMHA website](#)

NDIS News



What is the NDIS

The National Disability Insurance Scheme (NDIS) is being rolled out around Australia. But what exactly IS the NDIS? and what makes it different to the NDIA? If you're a bit confused about what the two schemes do and they work, [check out the 'What is the NDIS' animation.](#)

Can I access the NDIS?

You can access the NDIS depending on your location, age, residency and disability. You can also apply to enter the NDIS six months prior to the Scheme rolling out in your area. [Find out when the NDIS is coming to your area](#) and what you can do to prepare.

Self Managing Your Plan

Self managing your NDIS plan gives you choice and control over the supports and services you purchase to help you achieve your goals. Did you know there are four ways that plan funding can be managed? [Learn more about self managing in our new animation](#) or [read more about plans and supports.](#)

New Provider Price Guide

If you have a NDIS plan, you might like to check out the updated [2017-2018 Provider Price Guide](#) for

funded supports. The Price Guide sets the maximum price that registered providers can charge NDIS participants for funded supports. [Find out about the 2017-2018 Price Guide.](#)

Productivity Commission review of NDIS Costs.

On 14 June 2017 the Productivity Commission released its position paper, [click here](#), the study looks at the cost of the NDIS. The paper sets out the Commission's draft findings, recommendations and information requests. In the document Mental Health Australia has selected the information requests which it believes will be best served by direct feedback to the Commission from providers of psychosocial services. Extracts of the Commission's discussion of the issues are included to support your understanding of the Commission's direction – but you may wish to read the full discussion. Mental Health Australia is providing this document to its stakeholders to assist and encourage providers of psychosocial services to respond directly to the Productivity Commission. The full position paper, and details of how to respond, are available at www.pc.gov.au/inquiries/current/ndis-costs/position

The final report is to be delivered in September 2017. More information on the review can be found [here](#). The Commission is seeking submissions by Wednesday, 12 July 2017.

Peer-led NDIS Information session resources available online.

In 2016, Mental Health Australia engaged Richmond Wellbeing to design and deliver peer-education modules and train-the-trainer workshops in each State and Territory. The workshops were locally tailored to improve understanding of the NDIS among people with psychosocial disability and their carers, build their capacity to exercise choice and control, and encourage a move towards self management and independence. The resources used to guide the workshops are available on the Mental Health Australia's website. Click [here](#)

NDS Resource Update

Resources, tools and products for the disability sector. Click [here](#)

New NDIS Code of Conduct

The Code will come into effect once the NDIS is at full-scheme. Your ideas and feedback on the content of the Code of Conduct is welcomed. Click [here](#) for the Discussion Paper, is also available in an Easy English version, a quick survey and/or upload a submission if you have more detailed feedback to contribute to the discussion.

Joint Call for 'Secure, Sustainable, and Sufficient' NDIS Funding

In an attempt to address the concerns felt by many in the sector about ongoing funding for the NDIS, the Australian Federation of Disability Organisations (ADFO), Disabled People's Organisations Australia (DPOA) and Australian Council of Social Service (ACOSS) have [issued a joint statement](#) calling for bipartisan action. This statement described the NDIS as the 'newest and most innovative social policy reform', and in it the three organisations express their support for the proposed increase to the Medicare levy to fund the Scheme, arguing that the NDIS must not become a 'political football'.

New Report Released on Planning Under the NDIS

A report on the planning process within the NDIS, commissioned by the Independent Centre for Applied Not-for-profit Research, and undertaken by the advisory firm, BaxterLawley has been released.

This report argues that one of the most fundamental elements of the scheme — the planning process — is in need of a rethink. It examines the enduring concern that service providers being involved in this process may impede the opportunity for participants in the NDIS to exercise choice and control, noting that there is a lack of evidence to support such a notion; and outlines a modified planning process that is risk-based, and involves providers where appropriate. Read the report [here](#)

Other

Calls for Immediate Action to Improve Health Outcomes for People With Mental Illness

More than 50 mental health organisations have pledged to improve the physical health and wellbeing of people living with mental illness, amid claims the life-expectancy of Australians with a mental illness is 14-23 years less than the general population. For more information click [here](#)

Indigenous Suicide Inquest 'a mockery to Aboriginal people' MP Josie Farrer says

Matt Bamford, ABC News, Wednesday July 19, 2017

An Indigenous politician has labelled a large-scale coronial inquest into Aboriginal suicide a "mockery" days into the first hearings in Western Australia's far north. One of the biggest inquests in Australia in recent years has been examining the suicides of 13 Aboriginal children and young people in the Kimberley. But several relatives and community residents due to give testimony have dropped out at the last minute, with most of the testimony to date coming from service providers. To read more click [here](#)

Indigenous suicide inquest: WA Government not taking FASD seriously, researcher claims.

Charlotte Hamlyn, ABC News, Tuesday July 4, 2017

The WA Government is asleep at the wheel when it comes to the prevention, diagnosis and treatment of foetal alcohol spectrum disorder (FASD), according to a Perth researcher. James Fitzpatrick from the Telethon Kids Institute has given evidence at an inquest into the suicides of 13 young Aboriginal people in the Kimberley, including five children aged between 10 and 13. Read more [here](#)

Share your ideas and views on engaging and participating in mental health.

A National Mental Health Commission project.

People with lived experience of mental health issues either personally and/or among family, carers and friends are invited to contribute to the Engage and Participate in Mental Health Project via an online anonymous survey asking five key questions. It has been developed in response to requests for a simple way of providing ideas and views, and will be open until 4 August. Click [here](#) to take part in the survey.

LGBTI Alliance Consultation – Mental Health Consumer and Carer Engagement in Australia

The National LGBTI Health Alliance is developing a submission for the National Mental Health Commission's (NMHC) consultation regarding mental health consumer and carer engagement and

participation in Australia, and invites you to contribute your voice and wisdom. Do you have a lived experience of mental health issues and/or suicidality? (It might be you and/or a family member or friend.); would you like to help inform future mental health policy, practice, and research priorities?; would you like to ensure that the voices of LGBTIQ+ people are represented in this important consultation from the National Mental Health Commission? For more information click [here](#).

new paradigm

Published in partnership with Community Mental Health Australia and the peak community mental health organisations across Australia, the journal exists to encourage discussion and information sharing on material relevant to mental health such as innovative service programs, evolving practice approaches, as well as research and contemporary thinking and evaluation of existing policy and service provision. To view the latest edition – Winter 2017 visit the Psychiatric Disability Services of Victoria (VICSERV) website [here](#)

Mental Health Coordinating Council successfully lobbies for Peer Work becoming a 'Priority Occupation'

Following MHCC's successful lobbying, the Federal Government recently included Mental Health Peer Work on its list of priority occupations recognising the importance of lived experience in mental health services. Read more [here](#)

Suicide is the leading cause of death for Australians aged between 15 and 44, with around 3,000 people dying by suicide every year. That's an average of eight people every day. For every suicide, there are tragic ripple effects for friends, families, colleagues and the broader community. For more information go to Beyondblue, click [here](#)

Australia's First Social Impact Bond for People Living with Mental Illness.

In an Australian first, social impact bonds will be used to improve the lives of people living with a mental illness. For more information click [here](#)

Resources for Mental Health Carers

Both Tandem (the peak body representing mental health carers in Victoria) and the Mental Health Carers NSW (MHCN) have released resources to assist carers and their loved ones in the NDIS planning process: Tandem have released a [tip sheet around the first plan conversation](#) for mental health carers, families and friends, answering common questions and providing suggestions on how to prepare for and best support your loved one during the planning process.

Events, Conferences & Training

Western Australian Mental Health Conference & Awards 2017. 'Integrated Lives'. For more information click [here](#).

The 2017 National Disability Awards nominations are now open.

It's that time of the year again to recognise the outstanding achievements of individuals and organisations helping to improve the lives of people with disability. Please help to honour those who are working tirelessly to make our society a better place. Nominations close 11:59pm AEST, Sunday 6 August 2017. for more information click [here](#)

The 18th International Mental Health Conference, 21 -23 August 2017.

The 2017 Conference will be held at the Conference Centre, Sea World Resort, Gold Coast, Queensland from Monday 21 August – Wednesday 23 August 2017. This year's conference will examine a range of issues from the perspective of Primary Interventions, Promoting Recovery, Preventing Relapse and the latest Policy Initiatives. Mental health awareness and well-being strategies remain urgent public concerns. The Conference will focus on the range of complex mental issues affecting the elderly including depression, dementia and anxiety. It will also explore the mental health issues of young Australians and how we can influence, educate and promote change. For more information and to register click [here](#)

Australia to Host 7th International Carers Conference

Globally we are heading towards a tipping point for unpaid family caring, where there will be more people to care for than carers willing and able to take on the role. The 7th International Carers Conference, to be held at the Adelaide Convention Centre from 4 to 6 October this year, will provide the forum to discuss and debate these issues. For more information click [here](#)

FECCA 2017 National Biennial Conference

Federation of Ethnic Communities' Councils of Australia 2017 National Biennial Conference – Celebrate. Reflect. Advance: Our Multicultural Australia – will be held in Darwin on 8-10 October. For further information click [here](#).

National NDIS Mental Health Conference in Partnership with CMHA

Community Mental Health Australia (CMHA) invites you to the National NDIS Mental Health Conference 16 - 17 November 2017 in Sydney, Registrations are now open, be quick to catch the early bird registrations. The conference is an opportunity for the Community Mental Health sector to work together to make the most of the NDIS. The conference theme 'towards a better life', there will be a focus on the transformational potential of the NDIS for people living with a psychosocial disability. To register click [here](#).

Employment

Anglicare NT offers a range of career opportunities in the community and social services sector in a diverse range of fields such as children and youth, family relationships and counselling, out of home care, refugee and migrant, corporate services, financial counselling, mental health, disability and home care, social enterprises and specialist homelessness services. There are several positions [click here](#)

Catholic Care NT provides unique career and personal opportunities that include travel and the experience of working with Aboriginal and Torres Strait Islander peoples in both local and remote community settings. For more information [click here](#)

TEAMhealth is a forward thinking organisation with a strong governance structure and a vision that promotes innovative thinking. If you are interested [click here](#)

GROW - Northern Territory is looking for a mental health fieldworker, the position is part time. The classifications is Community Development, Mental Health & Counselling. For more information [click here](#)

Sponsors

The Coalition acknowledges the NT Department of Health, Mental Health Directorate as well as our corporate partners for their ongoing support.

