

NT Mental Health Coalition eBulletin - featuring CMHA news, NDIS News, General News, Events and Conferences, Employment

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NT Mental Health Coalition's (the Coalition) e-bulletin has updates, news and information related to the Mental Health and the Community Managed Mental Health (CMHA) sector.

Please forward to anyone you think may be interested in highlights from this edition, or interested in becoming a member of the Northern Territory Mental Health Coalition.

We welcome our latest e-bulletin subscriber, [Australian Kookaburra Kids Foundation](#), supporting kids living in families affected by mental illness.

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NT MENTAL HEALTH WEEK
Oct 8-15 2017

Watchful Eyes
Do you see what I see?



NT MENTAL HEALTH WEEK 8 - 15 OCTOBER 20

Mini Grants are available again this year. The overall grants process is a competitive one. Applicants can request amounts ranging between \$100 and up to \$1000 per organisation. If you wish to apply for a Mini Grant [click here](#) to download your application.

2017 Inaugural Mental Health Week Community Awards

For the first time, the Northern Territory Mental Health Coalition proudly presents the 2017 Inaugural Mental Health Week Community Awards. The awards recognise exceptional individuals who demonstrate outstanding commitment to improving the lives of people with a mental illness. The Award Categories and Nomination Form will be available on our Mental Health Week website on Monday 4 September.

There are countless ways to be a part of Mental Health Week and there's no limit to the size or type of event you can hold. Simply, participate in a way that's meaningful to you or your community. If you want to host your own event [click here](#) to add to our online Mental Health Week calendar of events.

And remember to make an effort to be inclusive of everyone. Get involved and show you value mental health!!!

Community Mental Health Australia (CMHA)



Community Mental Health Australia, promoting the importance and benefits of community

mental health and recovery services across Australia. Visit our website [here](#)

Community Mental Health Australia (CMHA) is a coalition of eight state and territory peak community mental health organisations. CMHA, through its state and territory bodies, has direct link and contact to community mental health organisations delivering services to the community. The NT Mental Health Coalition is a founding member of the CMHA. CMHA continues to lobby and advocate on behalf of the community mental health sector.

[CMHA National NDIS Mental Health Conference](#)

The CMHA National NDIS Mental Health Conference is being held on 16 and 17 November in Sydney. This is an opportunity for the community mental health sector to come together and discuss emerging issues and to make the most of the NDIS. Registrations close on the 31st August. To register [Click here](#)

Community Mental Health Australia's position statement on the NDIS and Psychosocial Disability
CMHA has finalised a position statement on the NDIS and psychosocial disability. The full statement is available on the [CMHA website](#)

NDIS News



What is the NDIS

The National Disability Insurance Scheme (NDIS) is being rolled out around Australia. But what exactly IS the NDIS? and what makes it different to the NDIA? If you're a bit confused about what the two schemes do and they work, [check out the 'What is the NDIS' animation.](#)

Can I access the NDIS?

You can access the NDIS depending on your location, age, residency and disability. You can also apply to enter the NDIS six months prior to the Scheme rolling out in your area. [Find out when the NDIS is coming to your area](#) and what you can do to prepare.

Self Managing Your Plan

Self managing your NDIS plan gives you choice and control over the supports and services you purchase to help you achieve your goals. Did you know there are four ways that plan funding can be managed? [Learn more about self managing in our new animation](#) or [read more about plans and supports.](#)

NDIS and You

Every person living with a disability has different needs, and the NDIS is here to support you to achieve your goals. If you are new to the NDIS, check out the ['NDIS and You' animation](#) to find out what an NDIS plan is and what it means to be a participant.

Navigating the NDIS

Reimagine.today is a new online resource co-designed to help people living with mental health conditions, their family, carers and support networks to navigate the NDIS. [Click here](#) for more information.

New Provider Price Guide

If you have a NDIS plan, you might like to check out the updated [2017-2018 Provider Price Guide](#) for funded supports. The Price Guide sets the maximum price that registered providers can charge NDIS participants for funded supports. [Find out about the 2017-2018 Price Guide.](#)

Productivity Commission review of NDIS Costs.

On 14 June 2017 the Productivity Commission released its position paper, [click here](#). The study looks at the cost of the NDIS. The paper sets out the Commission's draft findings, recommendations and information requests. In the document Mental Health Australia has selected the information requests which it believes will be best served by direct feedback to the Commission from providers of psychosocial services. Extracts of the Commission's discussion of the issues are included to support your understanding of the Commission's direction – but you may wish to read the full discussion. Mental Health Australia is providing this document to its stakeholders to assist and encourage providers of psychosocial services to respond directly to the Productivity Commission. The full position paper, and details of how to respond, are available at www.pc.gov.au/inquiries/current/ndis-costs/position. The final report is to be delivered in September 2017. More information on the review can be found [here](#).

Peer-led NDIS Information session resources available online.

In 2016, Mental Health Australia engaged Richmond Wellbeing to design and deliver peer-education modules and train-the-trainer workshops in each State and Territory. The workshops were locally tailored to improve understanding of the NDIS among people with psychosocial disability and their carers, build their capacity to exercise choice and control, and encourage a move towards self management and independence. The resources used to guide the workshops are available on the Mental Health Australia's website. Click [here](#)

NDS Resources, Tools and Products for the Disability Sector

NDS has launched its Workforce Hub! This is your pathway to the best disability workforce resources on offer. Use them to find valuable information for you and your organisation as the sector transitions to the NDIS. Content is divided into four important areas of focus. Click on the following links to learn more. [Building your Workforce](#) - [Optimising your Workforce](#) - [Knowing your Workforce](#) - [Developing your Workforce](#)

New NDIS Code of Conduct

The Code will come into effect once the NDIS is at full-scheme. Your ideas and feedback on the content of the Code of Conduct is welcomed. Click [here](#) for the Discussion Paper, is also available in an Easy English version, a quick survey and/or upload a submission if you have more detailed feedback to contribute to the discussion.

Joint Call for 'Secure, Sustainable, and Sufficient' NDIS Funding

In an attempt to address the concerns felt by many in the sector about ongoing funding for the NDIS, the Australian Federation of Disability Organisations (ADFO), Disabled People's Organisations Australia (DPOA) and Australian Council of Social Service (ACOSS) have [issued a joint statement](#) calling for bipartisan action. This statement described the NDIS as the 'newest and most innovative social policy reform', and in it the three organisations express their support for the proposed increase to the Medicare levy to fund the Scheme, arguing that the NDIS must not become a 'political football'.

An Independent Pricing Review of NDIS supports is currently being undertaken by McKinsey & Company on behalf of the NDIA. The Review will assess the NDIA's pricing strategy and approach, as well as specific price settings for supports and services that are critical to the Scheme's market stewardship role and the path to price deregulation. For more information click [here](#)

Other

The new provider of the Victims Counselling Scheme is CatholicCare NT.

The Northern Territory Mental Health Coalition congratulates our member organisation CatholicCare in securing Victim Counselling Services for the next 5 years. Services have commenced. If you would like to receive further information about the Victims Counselling Scheme, please contact CatholicCare NT on (08) 8944 2000 or click [here](#)

Mission Australia Youth Mental Health and Homelessness Report

Mission Australia has released the Youth Mental Health and Homelessness Report, detailing the high correlation between mental health issues and homelessness in Australia's young people. You may have also seen the NT News' article, which picked up on the fact that the NT has the highest rate of youth homelessness in the nation. Access the [report here](#), the [NT News article here](#).

TEAMhealth welcomes major new resources for mental health support on their 30th Birthday.

On 4th August 2017 The Top End Association for Mental Health (TEAMhealth) received funding through the Commonwealth Government's Building Better Regions Fund (BBRF) to build a new mental health facility in Malak, to be known as Top End House. The new facility will enable TEAMhealth's existing residential rehabilitation programme to relocate and expand from six beds to 10 beds, meaning more participants will be able to improve their outcomes. The transitional housing, of six self-contained units, will consolidate skills needed for independent living. To read the media release click [here](#)

Marriage equality - think about mental health

Mental Health Australia, has issued a Position Statement on marriage equality. The Position Statement mirrors a statement that was released more than 300 days ago on 4 October 2016. The statement highlights the negative effects of ongoing discrimination on the mental health of LGBTIQ Australians and calls on the Parliament to pass laws to establish marriage equality. "LGBTIQ Australians experience routine discrimination, along with all its negative mental health effects. Marriage equality is squarely a

mental health issue” said Mr Frank Quinlan CEO of Mental Health Australia. The Position Statement is available at <https://mhaustralia.org/general/marriage-equality-statement>

Events, Conferences & Training

Disability Awareness Festival 2017 4-16 September 2017

Launch, Monday 4th 5pm – 7pm Civic Centre, Courtyard, Darwin City. For more information click [here](#)

Darwin Region Indigenous Suicide Prevention Network - Annual Walk for Suicide

Sunday 10 September 2017 10am - 12noon. Meet at Alawa Oval at 9.45am for a 10am walk to Jingili Water Gardens. Theme for the day is 'Talk a Moment, Save a Life'. For more information contact Anthony Ah Kit 0414 800 868.

HPA , Helping People Achieve.

Disability Community Engagement - “2017 Steps Towards Capability “

Limber up and get ready to make a difference for Helping People Achieve in Steps Towards Capability. Join us for a fun day out and make every step count! Saturday 9th September 2017 Darwin Trailer Boat Club - Darwin For more information click [here](#)

Western Australian Mental Health Conference & Awards 2017. 'Integrated Lives'. For more information click [here](#).

Australia to Host 7th International Carers Conference

Globally we are heading towards a tipping point for unpaid family caring, where there will be more people to care for than carers willing and able to take on the role. The 7th International Carers Conference, to be held at the Adelaide Convention Centre from 4 to 6 October this year, will provide the forum to discuss and debate these issues. For more information click [here](#)

Compass Teaching and Learning Conference 2017

Northern Territory Primary Health Network (NT PHN) and Northern Territory General Practice Education (NTGPE) are proud to announce registrations are now open for the Compass Teaching and Learning Conference to be held in Darwin from 13 to 15 October 2017. The theme ***Holistic care across the lifespan*** will explore the interplay of primary health care, patient participation and community through relevant clinical updates, practical workshops, current health reform updates and inspirational keynote speakers. Find out more or to register, visit www.compassteachingandlearningconference.com.au

Federation of Ethnic Communities' Council Australia (FECCA) 2017 National Biennial Conference

FECCA National Biennial Conference the theme this year is; Celebrate. Reflect. Advance: Our Multicultural Australia – will be held in Darwin on 8-10 October. For further information click [here](#).

Northern Territory Disability Services Awards

The Award Ceremony will be held on Saturday 11 November 2017 at the Darwin Convention

Centre, Darwin. Nomination forms available [here](#) Nominations close 5pm Friday September 29.

National NDIS Mental Health Conference in Partnership with CMHA

Community Mental Health Australia (CMHA) invites you to the National NDIS Mental Health Conference 16 - 17 November 2017 in Sydney, Registrations are now open, be quick to catch the early bird registrations. The conference is an opportunity for the Community Mental Health sector to work together to make the most of the NDIS. The conference theme 'towards a better life', there will be a focus on the transformational potential of the NDIS for people living with a psychosocial disability. To register click [here](#).

Employment

Anglicare NT offers a range of career opportunities in the community and social services sector in a diverse range of fields such as children and youth, family relationships and counselling, out of home care, refugee and migrant, corporate services, financial counselling, mental health, disability and home care, social enterprises and specialist homelessness services. There are several positions [click here](#)

Catholic Care NT provides unique career and personal opportunities that include travel and the experience of working with Aboriginal and Torres Strait Islander peoples in both local and remote community settings. For more information [click here](#)

Integrated disAbility Action (iDa)- A voice and support network for people with disability
We are looking for a part-time Project Manager. If you are interested [click here](#). For the Role description [click here](#).

Mental Health Association of Central Australia (MHACA)

MHACA is a leading Northern Territory community based, non-profit organisation. MHACA leads the way in psychosocial support services and educational programs aimed at enhancing the mental health and wellbeing of people living in Central Australia. The position of Chief Executive Officer is open to applications. To request a full position description or submit an application please email Liska Turner at nfp@beaumontpeople.com.au Applications close 10 September 2017

Sponsors

The Coalition acknowledges the NT Department of Health, Mental Health Directorate as well as our corporate partners for their ongoing support.



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