

**NT Mental Health Coalition** eBulletin - featuring CMHA news, NDIS News, General News, Events and Conferences, Employment

[View this email in your browser](#)



NT Mental Health Coalition's (the Coalition) e-bulletin has updates, news and information related to the Mental Health and the Community Managed Mental Health (CMHA) sector.

Please forward to anyone you think may be interested in highlights from this edition, or interested in becoming a member of the Northern Territory Mental Health Coalition.

We welcome our latest e-bulletin subscribers:

[Open Colleges](#) Providing life changing education for over 100 years. We offer over 100 flexible online courses that allow you to fit study around your lifestyle.

[ShoutOut! Youth Mental Health](#). ShoutOut! is a movement of local young people, aged 12-28 years old, passionate about mental wellbeing. ShoutOut! is unique because it is led by young people, for young people, and aims to empower youth to create positive change in our own lives and the lives of others.

In this Edition

[CMHA Update](#)

[NDIS News](#)

[Other News](#)

[Events and](#)

[Conferences](#)

[Employment](#)

[Sponsors](#)



NT MENTAL HEALTH WEEK  
Oct 8-15 2017

Watchful Eyes  
Do you see what I see?

## **MENTAL HEALTH WEEK 8 - 15 OCTOBER 2017**

Mental Health Week is over for another year. This year's theme was Do You See What I See, challenges perceptions on mental illness and aims to reduce stigma - promoting a positive approach to tackling an issue that affects one in five Australian. It also aims to shed a new light on the mental health conversation.

This year's launch was held in the city at Raintree Park, on Monday 9 October and Alice Springs, Stress Less in Park, on Friday 13. NT Mental Health Week in Darwin was officially opened by The Honourable Natasha Fyles MLA, Minister for Health. A great turn out from member organisations to both events.

Entertainment by Bill Roy and the Sunshine Band, Yvonne Bradley on guitar and Vince Mithen and Sam Carmody on guitar and vocals.

**Mental Health Mini Grants** - the mini grants were available again this year. The aim of the grants is to promote a positive approach to tackling mental health in our communities and to reduce stigma.

### **2017 Inaugural Mental Health Week Community Awards**

The 2017 Inaugural Mental Health Week Community Awards were presented by The Honourable Natasha Fyles MLA Minister for Health, at an afternoon tea at Parliament House.

The Awards recognise exceptional individuals who demonstrate outstanding commitment to improving the lives of people with a mental illness. The Award Categories and winners were:

**Carers Award** - Lillian Mann

**Young Person's Award** - Dawyte Clancy

**Mental Health Worker Award** - Ira Racines

**Lived Experience Award** - David Nicholls

**Phillip Dempster Award** - Noelene Armstrong

Three runner-up Carer Awards were presented by Caitriona Brennan from Carers NT to: Leonie Hunter, Linda Zagorskis, and Enrita Santos.



The Northern Territory Mental Health Coalition would like to thank our Sponsors and Supporters for their contribution to 2017 Mental Health Week.



## **Northern Territory Mental Health Coalition**

ANNUAL GENERAL MEETING

Venue: Alzheimer's Australia NT Meeting Room  
Nightcliff Community Centre  
18 Bauhinia Street Nightcliff NT

4.00 pm Thursday 23rd November 2017

RSVP: Wednesday 16th November 2017

For dial-in details or further information

Ph: 08 8948 2246 or email: [eo@ntmhc.org.au](mailto:eo@ntmhc.org.au)

Light refreshments available.

---

## Community Mental Health Australia (CMHA)



Community Mental Health Australia, promoting the importance and benefits of community mental health and recovery services across Australia. Visit our website [here](#)

Community Mental Health Australia (CMHA) is a coalition of eight state and territory peak community mental health organisations. CMHA, through its state and territory bodies, has direct link and contact to community mental health organisations delivering services to the community. The NT Mental Health Coalition is a founding member of the CMHA. CMHA continues to lobby and advocate on behalf of the community mental health sector.

**World Mental Health Day** – A reminder that this is about people. On World Mental Health Day, Kerry Hawkins, Vice President Community Mental Health Australia asked for governments, agencies and anyone involved in mental health to remember who this is about – people living with a mental illness and psychosocial disability. Read the media release [here](#)

[CMHA National NDIS Mental Health Conference: 16-17 November, Sydney](#)

For more information [click here](#).

**The Joint Standing Committee on the NDIS** released their [report](#) on the inquiry into the Provision of services under the NDIS for people with psychosocial disabilities related to a mental health condition, and an update on the General issues around the implementation and performance of the NDIS, an ongoing inquiry by the Committee. Kerry Hawkins, Vice President CMHA wrote to Christian Porter, Minister for Social Services urging the Government to implement the recommendations of the Joint Standing Committee, as a matter of importance, to address the significant issues and concerns with the implementation of the NDIS for people with psychosocial disability. To view the letter click [here](#) CMHA's two recent submissions:-

- [Social Services Legislation Amendment \(Welfare Reform\) Bill 2017](#)
- [NDIS Amendment \(Quality and Safeguards Commission and Other Measures\) Bill 2017](#)

are now available on the CMHA [website](#)

## NDIS News



**Resources** to **Access** **NDIS**  
The NDIA funded the Mental Health Coordinating Council (NSW) to create a resource to help people with psychosocial disability, their families and carers, and providers, to understand how the NDIS can assist them, how to apply, and how to get ready. Click [here](#) to access resources.

**New** **Provider** **Price** **Guide**  
If you have a NDIS plan, you might like to check out the updated [2017-2018 Provider Price Guide](#) for funded supports. The Price Guide sets the maximum price that registered providers can charge NDIS participants for funded supports. [Find out about the 2017-2018 Price Guide.](#)

**Peer-led** **NDIS** **Information** **session** **resources** **available** **online.**  
In 2016, Mental Health Australia engaged Richmond Wellbeing to design and deliver peer-education modules and train-the-trainer workshops in each State and Territory. The workshops were locally tailored to improve understanding of the NDIS among people with psychosocial disability and their carers, build their capacity to exercise choice and control, and encourage a move towards self management and independence. The resources used to guide the workshops are available on the Mental Health Australia's website. Click [here](#)

**An Independent Pricing Review of NDIS supports** is currently being undertaken by McKinsey & Company on behalf of the NDIA. The Review will assess the NDIA's pricing strategy and approach, as well as specific price settings for supports and services that are critical to the Scheme's market stewardship role and the path to price deregulation. For more information click [here](#)

NDS Annual Report is now available online. It highlights a year of great change for the disability sector. National reforms, particularly the NDS are transforming the operating environment for disability service providers and for NDS. Click [here](#) to view the report.

---

## Other

**TeamHEALTH** has a new look including a new logo and a revamped website. Click [here](#) to view

**Head to Head - Australian Government's new digital mental health gateway**

Head to Health comprises a website which makes it easier for people to access free or low cost Australian digital mental health services. It has been developed in collaboration with people with mental illness and their carers, the community, mental health professionals and digital service providers, and underwent extensive testing with users. The initial focus of the website is for people who experience mental illness, and those that support them. Future enhancements to the website will flow through over the coming months. This includes offering greater support to health professionals to assist them in meeting the needs of their patients. Click [here](#) to view the website.

**Working with Families and Carers Online Library**

We are excited to announce the "Working with Families and Carers Online Library" is now live. This library is aimed at supporting health practitioners engage with families and carers of people with a mental illness. Visit the library today at [www.workingwithfamiliesandcarers.com.au](http://www.workingwithfamiliesandcarers.com.au)

---

## Events, Conferences & Training

Helping People Achieve (HPA) will be opening the Kokoda Industries workshop on 2 November 2017. There will be a tour of the workshop and a meet and greet with their fantastic employees and a morning tea. **RSVP** to [inspire@hpa.net.au](mailto:inspire@hpa.net.au)

**Monitoring and Reporting Framework for Mental Health and Suicide Prevention**

The National Mental Health Commission (the Commission) is developing a monitoring and reporting framework (Framework) to bring a national perspective to mental health and suicide prevention through the lens of consumers and carers. This will enable the Commission to deliver an independent, consistent and

comprehensive account of the reform progress. National consultation will be conducted from **16 October to 13 November 2017**. Workshops will be held across Australia. For further information phone (02) 8229 7530 or [click here](#)

**National NDIS Mental Health Conference in Partnership with CMHA**  
Community Mental Health Australia (CMHA) invites you to the National NDIS Mental Health Conference 16 - 17 November 2017 in Sydney, Registrations are now open, be quick to catch the early bird registrations. The conference is an opportunity for the Community Mental Health sector to work together to make the most of the NDIS. The conference theme 'towards a better life', there will be a focus on the transformational potential of the NDIS for people living with a psychosocial disability. To register click [here](#).

**Integrated disAbility Action Inc** is holding a Morning Tea to help celebrate International Day of People with Disability and the upcoming festive season. Monday 4 December 2017 at 10.00am to 12pm at 4/18 Bauhinia Street Nightcliff. for catering purposes please **RSVP** to Phone: 8948 5400 or Email: [office@idainc.org.au](mailto:office@idainc.org.au)

**2018 IASP Asia Pacific Conference**  
The 8th Asia Pacific Regional Conference on Suicide Prevention will bring together researchers, practitioners, helpline workers, programme planners, graduate students, those within the community and anyone affected by suicidal persons, from a range of disciplines from within New Zealand, the Asian-Pacific Region and around the world. This Conference will focus on evidence based research, best practice and innovative suicide prevention activities. The Conference will also provide opportunity to encourage young researchers and practitioners together with mentorship and training. for more information click [here](#)

---

## Employment

**Anglicare NT** offers a range of career opportunities in the community and social services sector in a diverse range of fields such as children and youth, family relationships and counselling, out of home care, refugee and migrant, corporate services, financial counselling, mental health, disability and home care, social enterprises and specialist homelessness services. There are several positions [click here](#)

**CatholicCare NT** provides unique career and personal opportunities that include travel and the experience of working with Aboriginal and Torres Strait Islander peoples in both local and remote community settings. For more information [click here](#)

**Danila Dilba Health Services** is an Aboriginal community-controlled organisation providing culturally-appropriate, comprehensive primary health care and community services to Biluru (Aboriginal and Torres Strait Islander) people in the Yilli Rreung (greater Darwin) region of the Northern Territory. Danila Dilba has one position available, Clinical Psychologist, applications close 13 November 2017. To apply click [here](#)

**TeamHEALTH** provides evidence based mental health services, focused on support, recovery and

rehabilitation across Darwin, Palmerston and the regional and remote communities of the Northern Territory's Top End, including; Darwin, Palmerston, Katherine, Daly River, Maningrida and Gunbalanya. Currently there are two positions available in Darwin. Property Coordinator, and a Mental Health Recovery Workers D2DL. Applications close 6 November 2017. To apply click [here](#)

---

## Sponsors

The Coalition acknowledges the NT Department of Health, Mental Health Directorate as well as our corporate partners for their ongoing support.



---

Copyright © 2017 NT Mental Health Coalition Inc., All rights reserved.

You are receiving this email because you are a valued member of our networks. If you would like to unsubscribe, use the unsubscribe link below or send us an email and we will remove you from the list.

The Northern Territory Mental Health Coalition Inc (NTMHC) makes every effort to provide accurate and useful general information in its publications and other communications but accepts no liability for the use of the material by individuals or organisations. If you believe you or our organisation has been misrepresented we are happy to include correct information in the next issue of the e-Bulletin.

NTMHC does not necessarily agree with or endorse information represented in this e-Bulletin.

Our mailing address is:  
NT Mental Health Coalition Inc.  
PO Box 1128  
Nightcliff, NT 0814  
Australia

[Add us to your address book](#)

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#)

---

This email was sent to <<[Test Email Address](#)>>  
[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)  
NT Mental Health Coalition Inc. · PO Box 1128 · Nightcliff, NT 0814 · Australia