

Mental Health Week 2016 Calendar of Events

Sat Oct 8	Sun Oct 9	Mon Oct 10	Tue Oct 11	Wed Oct 12	Thu Oct 13	Fri Oct 14
<p>DARWIN Rotary Litchfield Palmerston fun-draiser</p> <p>October 8 @ 5:30 pm - 9:00 pm</p> <p>Stokes Hill Wharf, Stokes Hill Wharf 3 Hour Sunset Cruise on the Spirit of Darwin</p> <p>Tickets \$40</p>		<p>World Mental Health Day Website: https://1010.org.au</p> <p>ALICE SPRINGS Library Calm Colouring October 10 - October 14 Alice Springs Public Library</p> <p>ALICE SPRINGS The Art of Our Healing October 10 - October 23 The Residency</p> <p>DARWIN Talk, Support, Recover in the Park October 10 @ 10:00 am - 3:00 pm</p> <p>Jingili Water Gardens</p> <p>DARWIN MIFANT info stall</p> <p>October 10 @ 10:00 am - 1:00 pm Jingili Water Gardens</p> <p>DARWIN MHW Corporate Dinner October 10 @ 6:30 pm - 10:00 pm</p> <p>Oaks Elan</p>	<p>ALICE SPRINGS Library Calm Colouring October 10 - October 14 Alice Springs Public Library</p> <p>ALICE SPRINGS The Art of Our Healing October 10 - October 23 The Residency</p> <p>DARWIN MIFANT Lunch at Grill'd and a Movie at Casuarina October 11</p> <p>DARWIN MIFANT carers overnight stay</p> <p>DoubleTree</p> <p>DARWIN Homeless Youth Toiletry Packs October 11 @ 8:00 am - 5:00 pm</p> <p>headspace Darwin</p> <p>DARWIN TEAMhealth Manse open day October 11 @ 10:30 am - 12:00 pm TEAMhealth Manse</p> <p>ALICE SPRINGS Art Track Program October 11 @ 3:30 pm - 4:30 pm MIFANT ALICE SPRINGS</p>	<p>ALICE SPRINGS Library Calm Colouring October 10 - October 14 Alice Springs Public Library</p> <p>ALICE SPRINGS The Art of Our Healing October 10 - October 23 The Residency</p> <p>DARWIN Applied Suicide Intervention and Awareness Training (ASIST) \$220 October 12 - October 13</p> <p>Darwin Sailing Club</p> <p>DARWIN TEAMhealth Day to Day Living Program (D2DL) open day October 12 @ 10:30 am - 12:00 pm</p> <p>ALICE SPRINGS Happiness Project and BBQ! October 12 @ 11:00 am - 1:00 pm Uniting Church Lawns</p> <p>ALICE SPRINGS The Art of Our Healing exhibition and live music by the Story Teller October 12 @ 11:30 am - 1:30 pm The Residency</p>	<p>ALICE SPRINGS Library Calm Colouring October 10 - October 14 Alice Springs Public Library</p> <p>ALICE SPRINGS The Art of Our Healing October 10 - October 23 The Residency</p> <p>DARWIN Applied Suicide Intervention and Awareness Training October 12 - October 13 Darwin Sailing Club</p> <p>KATHERINE Katherine – Info Stall October 13 10am-4pm The Oasis Centre</p> <p>DARWIN TEAMhealth open day October 13 10.30-12pm</p> <p>ALICE SPRINGS Family Picnic and Games at Telegraph Station October 13 3pm-5pm</p> <p>GUNBALANYA Community BBQ October 13 4pm-6.30 Gunbalanya Community Park</p> <p>DARWIN Grow/Carers BBQ Lake Alexander 11am-1.30pm</p>	<p>ALICE SPRINGS Library Calm Colouring October 10 - October 14 Alice Springs Public Library</p> <p>ALICE SPRINGS The Art of Our Healing October 10 - October 23 The Residency</p> <p>DARWIN MI PLACE Open Art Competition October 14 MIFANT</p> <p>ALICE SPRINGS Stress Less in the Park October 14 @ 9:00 am - 12:00 pm Alice Springs Hospital Lawns</p> <p>ALICE SPRINGS MIFANT info Stall at Stress Less in the Park October 14 @ 9:00 am - 12:00 pm Alice Springs Hospital Lawns</p> <p>DARWIN miPlace Open Day October 14 @ 9:30 am - 1:00 pm MIFANT</p>

For detailed information on each event visit the NTMHC Mental Health Week website <https://mhw.ntmhc.org.au/events/2016-10/>