

HEAD TO HEALTH – DIGITAL MENTAL HEALTH GATEWAY

INVITATION TO INFORMATION SESSION

Dear stakeholder,

The Australian Government Department of Health is progressing the development of **Head to Health**, the new digital mental health gateway. Head to Health is a key recommendation of the Australian Government's response to the National Mental Health Commission's 2014 report *Contributing Lives, Thriving Communities - Review of Mental Health Programmes and Services*.

Head to Health is being co-designed with consumers, carers and other stakeholders to help people more easily access information, advice and digital mental health treatment options that are most relevant to their needs (and alternative non-digital options if considered more appropriate to need) via a website, social media channels, and a dedicated telephone line.

As part of the co-design process, we would like to invite you to be involved in the upcoming information sessions.

Over the coming months, we will be testing a prototype of the website and seeking feedback from a closed target audience prior to its public launch in September 2017. To kick off this beta testing process, the Department will be presenting an information session providing stakeholders an opportunity to:

- understand the co-design process and journey to build the website;
- view the website prototype;
- learn about the beta testing process with end-users to occur over the coming months; and
- provide the Department with nominations of potential networks of end-users we could invite to participate in the various beta testing activities.

When: The information session will be held on **Wednesday 17 May 2017 from 3 – 5pm AEDT**. The session will likely be through an online mechanism (e.g. webinar), rather than face to face in order to accommodate attendance from a broad and large number of people.

Presented by: The Department of Health

Register now at headtohealth@health.gov.au by providing the name and email address of the participant from your organisation. Participants will need access to the internet to be part of the information session. We ask that you please also advise us as soon as possible of any special needs your participant may have to access the information session.

Once registrations have been received, participants will be provided with further details about how to access the information session, as well as a factsheet on Head to Health.

Registrations close on 11 May 2017.

We look forward to hearing from you.

Thank you

Head to Health project team

Australian Government Department of Health
headtohealth@health.gov.au