

NT Mental Health Coalition eBulletin - featuring CMHA news, NDIS News, General News, Events, Conferences and Training, Employment

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NT Mental Health Coalition's (the Coalition) e-bulletin has updates, news and information related to the Mental Health and the Community Managed Mental Health (CMHA) sector.

Please forward to anyone you think may be interested in highlights from this edition, or interested in becoming a member of the Northern Territory Mental Health Coalition.

We welcome our latest e-bulletin subscriber:

[St Vincent de Paul Society NT](#) St Vincent de Paul Society in Australia has more than 60,000 members and volunteers, who work hard to assist people in need and combat social injustice across Australia.

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Season's Greetings from

the



NT Mental Health Coalition

As the holiday season is upon us, we find ourselves reflecting on the past year and on those who have helped our organisation in a most significant way. We especially would like to thank our Board Members and Members, we value the collaborations and look forward to working with you in 2018.

Best wishes for the holiday season and we look forward to another successful year.

Vanessa, Vince & Roma



Community Mental Health Australia (CMHA)



Community Mental Health Australia, promoting the importance and benefits of community mental health and recovery services across Australia. Visit the website [here](#)

Community Mental Health Australia (CMHA) is a coalition of eight state and territory peak community mental health organisations. CMHA, through its state and territory bodies, has direct link and contact to community mental health organisations delivering services to the community. The NT Mental Health Coalition is a founding member of the CMHA. CMHA continues to lobby and advocate on behalf of the community mental health sector.

The Community Mental Health Australia (CMHA) National NDIS Mental Health Conference, 16 - 17 November in Sydney was the first community-led and run conference on mental health and the NDIS in Australia. The theme of the conference was 'towards a good life', in recognition of the significant opportunity the NDIS presents. A full report from the Conference can be viewed [here](#).

An article in Croakey, by Amanda Bresnan, Executive Director of CMHA can be viewed [here](#). Conference presentations are available online and can be view [here](#)

A submission to the 2018-19 Federal Pre-Budget process. CMHA 2018-19 Federal Pre-budget Submission identified the following specific initiatives:

- Establish a national over-arching and coordinated policy reform structure
- Establish an independent price regulation body for the NDIS
- Develop an alternative gateway for people with psychosocial disability to access the NDIS
- Undertake a review of the NDIS Act

To view the Media Release click [here](#) - To view the submission click [here](#)

NDIS News



Strengthening the Northern Territory disability sector and safeguarding people with disability Emergency/Disaster Planning.

Existing National Disability Insurance Scheme (NDIS) providers (and those who wish to be assessed by the Northern Territory Government to provide services to NDIS participants) are required to have emergency plans and business continuity arrangements that consider the continuation of care and services to NDIS participants during and after an emergency event.

In accommodation settings, a current emergency/disaster management plan for all residents is to be in place and up to date. All other NDIS providers are required to have business continuity arrangements in place in the event of an emergency/disaster and ensure participants have a person-centred plan that addresses their health and well-being, and importantly for emergency/disaster planning around their safety. If your organisation requires information about NDIS provider responsibilities in relation to emergency planning or business continuity arrangements and/or information about critical incident reporting under the NT Quality and Safeguarding Framework, contact the Quality and Safeguarding team, NDIS Implementation, Office of Disability by email [here](#) or by **telephone (08) 8999-2508**

Your NDIS Journey

The participant pathway is the steps a person takes to access and use the NDIS, and over the next few months the NDIS will be testing and improving the way they do things. One of the important steps the NDIS have taken is developing a [new Provider Toolkit](#) to ensure a diverse range of providers to deliver choice and control for participants. Stay up-to-date about upcoming [participant pathway improvements](#).

NDS Releases State of the Sector Report

National Disability Services (NDS) this week released the 2017 **State of the Disability Sector** report. This is a wide ranging report focusing on the impact of the NDIS on disability service providers, and was largely based on the results of the 2017 Annual Market Survey. The report found that business confidence among disability services has slumped 18 months into the transition to the NDIS, and warns that the speed of the roll-out is potentially affecting service quality. To view the full report [here](#)

NDIS Insights

Last week VICSERV's Psychiatric Disability Services attended the Redmond Barry Lecture, presented by Professor Patrick McGorry, Executive Director of Orygen. A video of the lecture is [available here](#). The lecture described a mental health system at the point of breakdown, recognizing the significant time and cost of recovering the system but also the opportunity to create a better future. As well as widening clinical and early intervention gaps, Professor McGorry also made note of the need to focus on the service gaps that have been created by the roll-out of the NDIS.

Resources to Access NDIS

The Mental Health Coordinating Council (NSW) has created resources to help people with psychosocial disability, their families and carers, and service providers, to understand how the NDIS can assist them, and how to apply, and how to get ready. Click [here](#) to access resources.

Other

Streamlining Governance to Improve Health Services across the Territory

The Territory Government has announced the appointment of the new Health Advisory Committee and Clinical Senates. This new appointment replaces the two former Health Board with two community based Health Advisory Committee for Top End Service (TEHS) and Central Australia Health Services (CAHS) and one Territory Wide Clinical Senate. To view the full press release and Advisory Committee members click [here](#)

Mission Australia Youth Survey Report 2017

Mission Australia's 16th Youth Survey, of 24,055 young people aged between 15 to 19 took part. Young people identified mental health, alcohol and drugs and equity and discrimination as the most important issues in Australia today, with around one third of young people identifying mental health (33.7%) or alcohol and drugs (32.0%) as important issues in Australia today. Almost three in ten respondents identifying equity and discrimination (27.3%) as a major issue. The full report, findings and policy recommendations can be found by clicking [here](#)

Research Participation Opportunity

Do you have lived experience with mental health problems and alcohol or other drug use? Would you like your voice heard? The University of New South Wales is conducting a survey and want to hear from you! If you are over 18, and have a lived experience with mental health and alcohol or other drug use the University of New South Wales want to better understand your experiences and get your feedback on tools to assess treatment services. All information provided will remain anonymous and confidential. To learn more or if you're interested in participating, please click [here](#)

NT Council of Social Service (NTCOSS) is conducting a project to identify workforce development and organisational support needs of non-government domestic and family violence services in the NT. The purpose of this survey is to identify initiatives that can be implemented within the resources and time of this project, gather information about workforce development and organisational support needs of non-government domestic and family violence services in the NT, and seek further information on non-workforce development needs of the sector raised during consultations. The project is until 30 June 2018. For more information email: caitlin@ntcoss.org.au or to complete the survey click [here](#)

Events, Conferences & Training

Release of the Mental Health and Suicide Prevention Services Review

The Coalition is pleased to be able to release the full report and recommendations the week of the 8th January 2018 and an opportunity to attend a face to face meetings in both Darwin and Alice Springs. Darwin - 22 January, Barbara James House and Alice Springs to be confirmed. An invitation flyer will be distributed prior to the forum. For any further information please contact the office on 89 48 2246.

TEAMhealth day2day living calendar for January 2018

January 2018 D2DL Calendar - click [here](#). Please be advised that scheduled activities may be changed or cancelled with notice.

Future Skills - BSB41415 Certificate IV in Work Health and Safety & BSB 51315 Diploma of Work Health and Safety

- Darwin courses for Certificate IV are to be held in March and April. For more information click [here](#). For program information click [here](#).

Dates for the Diploma of WHS are to be advised. Click [here](#) for more information. For program information for the Diploma click [here](#).

TheMHS 2018 Summer Forum is entitled: Trauma Matters: Values, Evidence and Responses to Trauma in Mental Health Services. 22 – 23 February in Sydney. Come and join mental health leaders and expert participants for this important two day educational event. TheMHS conferences and forums are known for their inclusiveness, networking, in-depth symposia and leadership towards mental health service reform. For more information click [here](#)

2018 IASP Asia Pacific Conference

The 8th Asia Pacific Regional Conference on Suicide Prevention will bring together researchers, practitioners, helpline workers, programme planners, graduate students, those within the community and anyone affected by suicidal persons, from a range of disciplines from within New Zealand, the Asian-Pacific Region and around the world. This Conference will focus on evidence based research, best practice and innovative suicide prevention activities. The Conference will also provide opportunity to encourage young researchers and practitioners together with mentorship and training. For more information click [here](#)

2018 International Mental Health Conference 8-10 August 2018 on the Gold Coast

The Conference Program will include an extensive range of topics with keynotes, concurrent sessions, case studies, workshops, panel discussions and poster presentations. Some of the topics include: Mental health access and support, Physical wellbeing, mental wellness, Mentally healthy workplaces, Strategies and support for wellness of mental health workers, International Mental Health covering Asia, Europe, Americas, Africa, Australasia, Child and adolescent mental health, Suicide and self-harm prevention. View the conference website [here](#)

Employment

Anglicare NT offers a range of career opportunities in the community and social services sector in a diverse range of fields such as children and youth, family relationships and counselling, out of home care, refugee and migrant, corporate services, financial counselling, mental health, disability and home care, social enterprises and specialist homelessness services. There are several positions available, [click here](#) for more information.

Carers NT is inclusive of all carers and the people they care for, no matter their age, background, ethnicity, religious beliefs or sexual orientation. Carers NT has a number of positions available including a Carer Counsellor, Peer Support Workers (Darwin & Katherine), Support Workers and a Mental Health Coordinator. For information visit our [website](#).

CatholicCare NT provides unique career and personal opportunities that include travel and the experience of working with Aboriginal and Torres Strait Islander peoples in both local and remote community settings. For positions vacant information [click here](#)

Central Australian Aboriginal Congress one of the most experienced Aboriginal primary health care services in the country, a strong political advocate of closing the gap on Aboriginal health disadvantage and a national leader in improving health outcomes for all Aboriginal people. For job vacancies click [here](#)

Katherine West Health Board is an innovative field leading health services provider in remote community controlled primary health care. Several vacancies are available, click [here](#) to view.

Mental Health Association of Central Australia (MHACA) leads the way in psychosocial support services and educational programs aimed at enhancing the mental health and well being of people living in Central Australia. Several positions are available. For more information phone Kathryn Broadbent (08) 8950 4600 or go to the MHACA website [here](#)

Sponsors

The Coalition acknowledges the NT Department of Health, Mental Health Directorate as well as our corporate partners for their ongoing support.



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Our mailing address is:

NT Mental Health Coalition Inc.

PO Box 157

Nightcliff, NT 0814

Australia

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