



CatholicCare NT

COVID-19 We're here for everyone

We understand this is a difficult time for people, many of us are already dealing with difficult situations and daily we are facing new challenges that COVID-19 brings. To support all Territorians you can now access our services through a dedicated support telephone line. Experienced staff will be available to talk through your concern or worry and you will be provided with information, advice or referral. We are here to walk alongside you to get through this tough time together. We're here for everyone, new and existing clients are encouraged to contact us.

As always, our priority is the safety, wellbeing, and health of our staff, participants, families and the communities we serve. CatholicCare NT will be following the COVID-19 guidelines and Government advice. Services are being provided through telephone or zoom/skype and where direct contact is necessary social distancing is used.

We can be contacted on **1800 899 855** for help with:

- Feeling isolated, parenting issues, family conflict, physical or mental health issues, alcohol and substance use or social and financial problems.
- Being understood, advice and information.
- Referrals into appropriate services that have adapted to meet need.

Hours: Our services operate 8.30am to 5.00pm, Monday to Friday

Further information and our full range of services is available from our website

www.catholicarent.org.au

If you require emergency services please contact:

Police, Fire or Ambulance 000

NT Mental Health Helpline 1800 682 288

NT COVID 19 Hotline 1800 020 080

Child Protection Hot Line 1800700250

your local Hospital or Health Direct on 1800 022 222