

Facilitators	Chris & Kirsty
Venue	TeamHEALTH Damibila Room 5 McCourt Road Yarrowonga (Palmerston)
Format	Two sessions per week, Tuesday & Wednesday Evenings
Participation	Men and Women
Cost	Free
Information Sessions	<p>An opportunity to find out more about My Recovery and the peer learning model before submitting an Expression of Interest if you are unsure if the program is right for you.</p> <p>Option 1: Tuesday, 19th of January 2021, 7 pm to 8:30 pm Option 2: Wednesday, 27th of January, 7 pm to 8:30 pm</p> <p>To RSVP</p> <p>Contact: Noelene Armstrong Phone: 0439 100 360 Email: plepproject@ntmhc.org.au</p>
My Recovery Session Dates and Times	<p>Tuesdays and Wednesdays from 7 pm to 9 pm</p> <p>Session 1 - Tuesday, 2nd February 2021 Session 2 - Wednesday, 3rd February 2021 Session 3 - Tuesday, 9th February 2020 Session 4 - Wednesday, 10th February 2020 Session 5 - Tuesday, 16th February 2020 Session 6 - Wednesday, 17th February 2020 Session 7 - Tuesday, 23rd February 2020 Session 8 - Wednesday, 24th February 2020 Session 9 - Tuesday, 2nd March 2020 Session 10 - Wednesday, 3rd March 2020</p> <p>To Apply</p> <p>Email a completed <i>Expression of Interest</i> Form for the Tuesday & Wednesday Evening Program beginning on Tuesday the 2nd February 2021.</p> <p>OR Complete the online <i>Expression of Interest</i> Form</p> <p>OR Phone the Project Officer.</p> <p>Contact: Noelene Armstrong, Project Officer Phone: 0439 100 360 Email: plepproject@ntmhc.org.au Website: www.bit.ly/DarwinPLEP</p>

Facilitators	Lauren & Aaron
Venue	Darwin Region, Venue to be confirmed
Format	Two sessions per week, Monday & Thursday Afternoons
Participation	Men and Women
Cost	Free
Information Sessions	<p>An opportunity to find out more about My Recovery and the peer learning model before submitting an Expression of Interest if you are unsure if the program is right for you.</p> <p>Option 1: Thursday, 21st of January 2021, 1 pm to 2:30 pm Option 2: Monday, 25th of January 2021, 1 pm to 2:30 pm</p> <p>To RSVP</p> <p>Contact: Noelene Armstrong Phone: 0439 100 360 Email: plepproject@ntmhc.org.au</p>
My Recovery Session Dates and Times	<p>Monday & Thursdays from 1 pm to 4 pm</p> <p>Session 1 - Thursday, 28th of January 2021 Session 2 - Monday, 1st of February 2021 Session 3 - Thursday, 4th of February 2021 Session 4 - Monday, 8th of February 2021 Session 5 - Thursday, 11th of February 2021 Session 6 - Monday, 15th of February 2021 Session 7 - Thursday, 18th of February 2021 Session 8 - Monday, 22nd of February 2021 Session 9 - Thursday, 25th of February 2021</p> <p>To Apply</p> <p>Email a completed Expression of Interest Form for the Monday & Thursday Afternoon Program beginning on Thursday the 28th of January 2021.</p> <p>OR Complete the online Expression of Interest Form</p> <p>OR Phone the Project Officer.</p> <p>Contact: Noelene Armstrong Phone: 0439 100 360 Email: plepproject@ntmhc.org.au Website: www.bit.ly/DarwinPLEP</p>