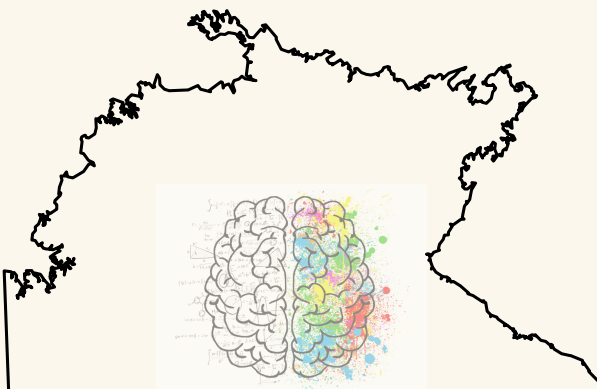


Mental Health in the NT

There are complex & interrelated factors that impact on the accessibility and quality of mental health services in rural and remote communities in the Northern Territory.



YOUNG TERRITORIANS AGED BETWEEN 15 AND 24 YEARS CONSTITUTE 25% OF ALL COMMUNITY-BASED CLIENTS, DESPITE BEING ONLY 15% OF THE POPULATION (NT PHN)



In 2020 the age-standardised suicide rate ranged from 10.1 per 100,000 population in Victoria to 20.4 per 100,000 in the Northern Territory (ABS)



© Gee, Dudgeon, Schultz, Hart and Kelly, 2013

Diagram 1: Social and emotional wellbeing expressed as a diagram

“Almost one third (30%) of Aboriginal people experience high/very high psychological distress, compared with 11.8% for non-Aboriginal and Torres Strait Islander people (ABS)



NT POPULATION

246 143



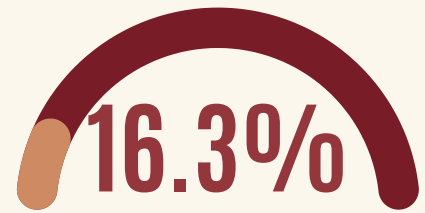
ABORIGINAL & TORRES STRAIT ISLANDER POPULATION

74 546



MENTAL HEALTH BURDEN OF DISEASE IN THE NT

16.3% compared to 7.4% Nationally



The social determinants play a fundamental role in the poor health outcomes include

- family violence
- unemployment
- physical health
- grief and trauma
- unstable housing/homelessness
- high rates of imprisonment
- suicide and
- drug and alcohol use (NT PHN).